Team Coverage 2015: Who Is Responsible for the Athlete?

Margot Putukian, MD, FACSM (ACSM Speaker): Organizing an Effective Team


Objectives:

1) Understand the important components of the Sports Medicine Team including:
   a. Importance of medical qualifications and education
   b. Importance of delineating administrative duties and responsibilities
   c. Understanding ethical and medicolegal issues

2) Medical Qualifications and Education
   a. MD or DO in good standing, unrestricted license to practice medicine
   b. Fundamental knowledge of on-field medical emergencies (e.g. head, heart, spine, heat related injuries
   c. Trained in basic CPR and AAED use
   d. Working knowledge of musculoskeletal injuries, medical conditions, psych. issues affecting athlete

3) Medical & Administrative Duties & Responsibilities
   a. Establish chain of command for injury/illness management
   b. Coordinate assessment and management of game day injuries/medical problems
   c. Makes final decisions on clearance to participate, same day RTP and post game RTP
   d. Understand importance of PPE
   e. Recognized medical management and prevention of injury/illness in athletes
   f. Recognize other issues that affect athletic performance (e.g. strength and conditioning, nutrition, ergogenic aids, substance abuse, psychological response to injury)
   g. Recognize unique issues in female, master, adolescent athletes and other defined athletic populations
   h. Integrates medical expertise with athletic care network
   i. Provide documentation and medical record keeping

4) Administrative Duties
   a. Be aware of or involved in development and rehearsal of EAP
   b. Aware of or involved in other aspects of sideline and event preparedness
   c. Develop agreement of medical care and administrative responsibilities between the team physician and the organizing body, including a reporting structure from the athletic care network

5) Ethical Issues; Recognize ethical challenges including
   a. Confidentiality,
   b. Informed consent,
   c. Conflict of interest
   d. Influence of third parties
   e. Drug Use
   f. Advertising/ marketing/publicity
   g. New product and technology

6) Medicolegal issues; including
   a. Compliance with school and governing body guidelines, standards, policies, regulations and rules
   b. Compliance with local, state and/or federal rules, regulations and laws
   c. Compliance with privacy laws (HIPPA and FERPA)
   d. Decisions made as a result of the PPE, clearance to play waivers and RTP
   e. Evaluation and management of significant on field injuries and illnesses (e.g. concussion, cervical spine, cardiac and heat related illness)
   f. Medical record documentation