Empirical Answers to Burning Clinical Questions

Saturday, July 11, 2015
1:00pm – 4:30pm

Program Planners
Robert F. LaPrade MD, PhD
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Warren R. Dunn MD, MPH
Mark R. Hutchinson MD

Location
Hilton Bonnet Creek
Floridian Ballroom J-L

Program Cost
There is no cost for this program. Please register for this workshop at the AOSSM Registration Desk or online. A light lunch / snack will be provided.

Program Description
The workshop will present empirically based answers that address the most common clinical questions posed by the AOSSM membership. The workshop will focus only on information from high-quality research studies and not clinical experience or anecdotal evidence. In October 2013, AOSSM conducted a survey of the membership regarding a wide variety of topics. The AOSSM Research Committee was struck by the responses to one item, “What is the one clinical question you encounter for which a solid research-based answer would have the greatest potential impact on your practice?” The top five questions of interest were organized into the following:

1. How do we optimize rotator cuff healing?
   - Stem cells and growth factors (Scott A. Rodeo MD)
   - Scaffold augmentation (William N. Levine MD)
   - Double row vs. single row (Stephen S. Burkhart MD)

2. Are there different outcomes between techniques and fixation methods for ACL reconstruction? (Kurt P. Spindler MD)

3. What are the best grafts to use for ACL reconstruction?
   - Autograft choices (Lars Engebretsen MD, PhD)
   - Autograft vs. Allograft (Rick W. Wright MD)

4. How can we reduce the likelihood that our knee injury patients will develop OA? (Constance R. Chu MD)

5. Does PRP “work”?
   - Intra-articular use (Jason L. Dragoo MD)
   - Tendinopathy (Allan K. Mishra MD)
   - Acute/chronic tears (Augustus D. Mazzocca MD, MS)

Workshop Objectives
The purpose of this workshop is to review the latest scientific evidence that addresses the questions listed in the program description. The agenda for the workshop was developed by members of the AOSSM Research Committee with scientific experts outside the committee.

Statement of Need
A need for this live activity has been determined based on identifying professional practice gaps, previous course evaluations, the AOSSM Self Assessment, and the AOSSM Educational curriculum.

Target Audience
This workshop has been designed for orthopaedic surgeons, other physicians, and allied health professionals in the field of sports medicine.

Program Information
AOSSM attests that the people responsible for the development of this live activity did so independently and were not influenced by commercial supporters.

Accreditation / AMA / PRA Credits
The American Orthopaedic Society for Sports Medicine (AOSSM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American Orthopaedic Society for Sports Medicine designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation / NATA Credits
The American Orthopaedic Society for Sports Medicine is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 3.5 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

BOC Approved Provider Number: P460

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